

## About Us

CSI is a family-owned community mental health clinic focused exclusively on outpatient, trauma-informed psychotherapy, psychiatry, and psychological assessment working with clients with symptoms of:

- PTSD associated with combat exposure, developmental trauma, domestic violence, and witnessing horrific events.
- Post-incarceration mental health services for dual diagnosis.
- Issues impacting school performance, including behavioral and learning related issues.

One meaning of the word “institute” is: “an organization founded to promote a cause.” Our cause is to ease the suffering of individuals traumatized by violence, dislocation, and poverty.

CSI is a “community-based teaching clinic” offering training programs and strong clinical supervision for Master’s level Social Work and Mental Health Counseling, Doctoral Practicum, Doctoral Internships as well as Post-Doctoral Fellowships to help develop psychotherapists who are knowledgeable in providing trauma-informed care.

## How to apply

To be fully considered for the position, please submit your CV and cover letter by the **first Monday of January by 5:00 p.m.** Applications and questions about the practicum program can be directed to:

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## Doctoral Practicum

# Training Program



## History of Community Services Institute

More than 30 years ago, CSI began offering mental health services in Massachusetts as part of the De-Institutional movement of the 1970's, when long-stay psychiatric hospitals were replaced with community mental health services. The Massachusetts Department of Social Services (now called DCF) began to use CSI as a tool in fighting victimization of vulnerable children and families receiving DSS services. CSI has been fiercely committed to keeping families living together in the community through the use of psychotherapy, supported by psychiatric evaluation services, and a psychology department with extensive expert experience in psychological testing, parenting evaluations, and risk assessment. CSI clinicians honor the proud legacy of the late Anna Freud's "The Best Interest of the Child" in all clinical work using psychology to understand the complex field of child abuse and neglect.

## Services provided at CS

- Outreach psychotherapy
- In-clinic psychotherapy
- Psychological evaluations
- Psychiatric Medication
- EMDR Services
- Therapeutic Mentoring

## Description of Doctoral Practicum Training

Doctoral practicum students will be responsible for providing in-clinic and outreach individual psychotherapy to children, adolescents, and adults struggling with serious emotional disturbances, psychological impairments, addictions, and high-stress life circumstances. Many clients at CSI have experienced some sort of traumatic event as well as are involved with the Department of Children and Families.

As a part of a **20 hour per week** practicum, students can expect to receive:

- An average of **8-10 direct client hours** a week
- Two 1-hour weekly supervisions
- Two 1-hour weekly didactic trainings; "Becoming a Trauma-Informed Therapist" and "Psychodiagnostic Assessment". Practicum students are welcome to join any of our other didactics: "Practical Application of Psychological Theory," and/or "Integrating Social Justice into Community Mental Health".

Additional responsibilities include **one professional presentation** that can be completed during a didactic training or during CSI's monthly staff meeting on the second Monday of each month, as well as **two psychological evaluations** over the course of the training year.

## Training

Practicum students are welcome to work with their supervisors to tailor their training experience based on their interests. Previous trainees have focused their training on gathering experiences in:

- Psychological evaluation
- Play therapy
- Group psychotherapy

## What CSI looks for in a Practicum Student

- Must be a full-time graduate student in a Clinical or Counseling Psychology doctoral program and possess a master's degree by the start of the training year.
- Should be **able to work both independently** and collaboratively with other professional staff and providers in the area.
- Should have **good time management** skills.
- Should be open and flexible to the challenges that the practicum year provides, while maintaining a state of professionalism.
- Must be able to maintain strict confidentiality as required by the various laws and ethics codes associated with the mental health professions.